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## Tips for Making Haircuts Easier for Kids with Sensory Processing Issues

1.



Find a barber with a great attitude.

2.



Consider the timing of the appointment.

3.



Prime your child with Social Stories and/or video modeling.

4.



Ask for a chat with Jonny before the appointment.

5.



Practice for the appointment with pretend play.

6.



Decide on a reward for a successful haircut.

7.



Pack comfort items.

8.



Allow your child to say "no."

9.



Debrief after the appointment.

10.



Be patient with the process.